### COURSE: M.Sc. IN PSYCHOLOGY

## ELIGIBILITY CRITERIA FOR WRITING THE ENTRANCE TEST

B.A/B.Sc. with Psychology as major or optional subject OR M.Ed.

## ELIGIBILITY CRITERIA FOR ADMISSION TO THE COURSE

B.A./B.Sc. with Psychology as major or optional subject OR M.Ed. However, the applicants with M.Ed. will be considered only if seats are available after considering all applicants with B. A./B.Sc with Psychology as major or optional subject.

#### SYLLABUS FOR THE ENTRANCE TEST

### Unit 1: Introductory Psychology

*Introduction:* a) Definition of Psychology; b) Branches of Psychology-Basic and Applied; c) Scientific Methods of Psychology-Experimental, Naturalistic Observation, Questionnaire method; d) Psychology and its relationship with other disciplines - Sociology, Anthropology, Philosophy, Biology and Medicine.

Sensation: a) Characteristics; b) Structure and Function of Sensory Organs (5 basic senses); c) Color Blindness; d) After images.

*Perception:* a) Meaning of Perception; b) Laws of perceptual organization, c) illusions; d) Depth perception and ESP.

# Unit 2: Emotion, Motivation and Personality

Emotion: Meaning, Nature, Characteristics and Physiological changes.

*Motivation*: Meaning; Biological drives (hunger, thirst and sex), Social motives (Maslow's Hierarchical Needs Theory).

Personality: a) Meaning; b) Nature and Determinants; c) Classification; d) Assessment.

#### **Unit 3: Cognitive Processes**

Introduction: a) History and current status of cognitive psychology; b) Attention-Meaning and Theories; c) Pattern Recognition-Meaning and Theories.

*Learning*: a) Definition; b) Theories - Trial and Error, Insight. Imitation. Classical and Operant conditioning; c) Transfer of Training.

*Thinking and Reasoning*: a) Thinking - Meaning and Types; b) Reasoning -Meaning and Types; c) Creativity- Measures and Factors; d) Problem Solving Approaches.

# Unit 4: Memory, Intelligence and studying brain functions

*Memory and Forgetting*: a) Memory - Meaning, STM, LTM and Memory Improvement; b) Forgetting - Normal and Abnormal, Causes of Forgetting.

*Intelligence*: a) Nature and Determinants; b) Concept of IQ; c) Distribution of Intelligence; d) Intelligence Tests - Verbal, Non-verbal and Performance.

*Methods of Investigation on how brain controls behavior:* a) The stereotaxic instrument, lesions and ablations; b) Stimulation of recording from brain; c) Labeling and measurement of brain activity; d) studies involving the structure of living human brains.

# **Unit 5: Social Processes**

*Introduction*: a) Definition and Scope of Social Psychology; b) Social Perception and Cognition; c) Perceiving ourselves - Self concept, Self Esteem, Self Presentation and Self Experiences.

*Social Interaction and Interpersonal Attraction*: a) Social Interaction- Meaning and Modes (Cooperation, competition, communication, accommodation, -assimilation); b) Interpersonal attraction - Meaning, Theories (Balance and Reward theories), Sociometry.

*Group Processes*: a) Group-Meaning, Group influence (Social facilitation, loafing, deindividualization, and group polarization); Group thinking; b) Leadership-Meaning, Types (Convey and Bartlett), and Functions of a Leader.

#### Unit 6: Applied Social Psychology and Hormones & Behavior

Attitudes and Prejudices: a) Attitudes - Meaning, Formation and Change; b) Prejudices - Meaning, Sources and Reduction.

Applied Social Psychology: a) Community Mental Health - Positive Mental Health, Social Medicine -(Awareness regarding Drug abuse, alcoholism and HIV); b) Tension and Conflicts: Meaning, Techniques of Conflict Resolution.

*Hormones and Behavior*: a) Hormones of cellular functioning - thyroid gland, parathyroid gland, the pancreas and the posterior pituitary; b) Hormones of stress.

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#### **Unit 7: Biological Processes**

*Introduction*: a) Biological explanation of behavior; The mind-body relationship; b) Basic Unit of the Nervous System - Cells (Neuron and Glial Cells)- Meaning, Types and Functions; C) Nerve Impulse (Mention Synapse and Action Potential).

Nervous System: a) Spinal Cord, the hind brain, the mid brain, and the ventricles; b) Cerebral Coretex - Organization (Occipital, Parietal, Temporal and Frontal Lobes).

Development and Evolution of Brain: a) Development - Growth and differentiation of the vertebrate brain, axon (Path finding and competition); b) Evolution-Difficulties involved, comparison between human brains and other brains, relationship between brain size and intelligence.

#### **Unit 8: Clinical Psychology**

*Introduction*: a). Definitions of normality and abnormality; b) Models of Abnormality - Medical, Psychoanalytical, Behavioral, Cognitive, and Humanistic and Socio cultural; c) System of Classification: DSM and ICD.

*Disorders*: Anxiety, Somatoform and Dissociative Disorder (Meaning and Symptoms). *Mood Disorders*: Schizophrenia and Personality Disorders (Meanings and Symptoms).

# Unit 9: Assessment, Counseling and Therapy

*Clinical Assessment*: a) Clinical Interview b) Physical Examination c) Behavioral assessment d) Psychological Testing e) Neuropsychological Testing and f) Psycho-physiological Assessment. *Counseling and Guidance*: a) Nature, situations in which counseling and guidance help. *Therapeutic Approaches*: Biological- ECT, Drug and Psychosurgery; Psychological-Psychotherapy and Behavior Therapy.

# Unit 10: Research Methodology and Statistics

*Research methodology*: Meaning of Research, Objectives. Types, Approaches and Significance of Research. Research designs: Meaning, Types, Principles and Important concepts relating to research design, Report writing - Layout of Research Report.

Relevance of Statistics: Importance of Statistics in Social Sciences with special reference to Psychology, Scale of measurement - Nominal, Ordinal, Interval and Ratio Scale. Data

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Collection: Different Methods, Classification of Data - Class intervals; Graphical Representation (Frequency Polygon and Histogram).

Measure of Central Tendency and Variability: Measures of Central Tendency-Mean, Median and Mode (Grouped and Ungrouped data); Measures of Variability - Range, Average Deviation Quartile Deviation and Standard Deviation (Grouped and Ungrouped data)

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